



## 2024 IRS Contribution and Out-of-Pocket Limits

For Flexible Spending Accounts and Health Savings Accounts

<b>Medical Flexible Spending Account</b>	<b>2023</b>	<b>2024</b>
Medical FSA Contribution Limit	\$3050	\$3200
Medical FSA Carryover Limit	\$610	\$640

<b>Health Savings Account</b>	<b>2023</b>	<b>2024</b>
Self-only HSA Contribution Limit	\$3,850	\$4,150
Family HSA Contribution Limit	\$7,750	\$8,300

<b>HSA catch-up contributions (age 55 and older)</b>	<b>2023</b> An additional \$1,000	<b>2024</b> An additional \$1,000
HDHP Minimum Deductibles	Self Only: \$1,500 Family: \$3,000	Self Only: \$1,600 Family: \$3,200
HDHP Maximum Out-of-Pocket Amounts	Self Only: \$7,500 Family: \$15,000	Self Only: \$8,050 Family: \$16,100

**Insurance, Benefits and Consulting  
With a Purpose**

KBS, Inc.

1420 SW Arrowhead Road / Topeka / Kansas 66604 / 844-763-0535